

NUTRITION & HEALING

Special Report • Summer 2005

BANNED!

Why the FDA *slammed the door* on the greatest natural cholesterol-buster you can get...

While many Americans are popping risky and expensive statin drugs, the FDA is blocking the sale of *red yeast rice* as a perfectly safe, natural source of powerful cholesterol-lowering *lovastatin*...

(BALTIMORE, MD)

IN THIS ISSUE:

- **THE ONLY HRT SOLUTION** used safely for 200,000 years...page 4
- **7 TIMES STRONGER** than statin drugs, yet safer than a sugar pill...page 6
- **ULTIMATE PROSTATE CURE** *shrinks* swelling, *prevents* cancer, *protects* manhood...page 8
- **TYPE II DIABETES COMBATTED** with nothing more dangerous than *cinnamon*...page 14
- **6 YEARS OF CRIPPLING PAIN** erased in 30 seconds...page 11
- **MIRACLE MINERAL** clears up everything from *acne* to *arteriosclerosis*...page 16

7
FREE GIFTS
if you open
now!

Why is this happening? Because the FDA has convinced mainstream medicine that costly drugs are *the only answer* to all our health worries—despite their dubious track records and often-deadly side effects. This, while muzzling (and muscling) the safe, natural, affordable alternatives...

But ONE COURAGEOUS M.D. has spent his entire career proving that *nobody does it better* than Mother Nature. And finally, other doctors and health-conscious people are starting to see the light. Some even say he's *saving modern medicine*...

(continued on page 2 inside)

Details inside from the doctor honored with natural medicine's first
LIFETIME ACHIEVEMENT AWARD

How the FDA is playing "hired gun" for the drug biz...

By banning a natural cholesterol-lowering secret that's better than statin drugs

Dear Health-conscious Friend:

The drug giants knew they'd be in trouble if word got out about *red yeast rice*...

Not only did studies show that this ancient Asian edible slashed cholesterol an average of 40 points in just 3 months, it did so without *any side effects whatsoever*.

So what did those fat-cat drug executives do?

They went to court—then called their cronies at the FDA...

Their "grounds" for suing? *Red yeast rice* extract contains a *natural form of lovastatin*, the same active ingredient found in patented Mevacor, one of the major cholesterol drugs...

The first time the drug companies took red yeast rice makers to court, however, the judge quite rightly *threw the case out*. But after appealing the case on the grounds that the FDA hadn't officially ratified their natural competition's cholesterol-control claims, they got their verdict...

And with one stroke of the gavel, companies offering safe, nat-

ural, un-patent-able *red yeast rice* extract for managing cholesterol suddenly found themselves in violation of Federal law *simply for claiming the truth*: That red yeast rice lowers cholesterol using the exact same substance prescription drug makers have patented and marked-up a thousand percent or more...

When the decision was handed down, they quickly banned the best known, most proven source of cholesterol-lowering *red yeast rice* extract—before its makers could regroup and file an appeal or suit of their own. So now...

Unless you already know that *red yeast rice* is proven to safely slash LDL levels, you may end up—like so many millions of other Americans—enduring the risks, expense and side effects of statin drugs for cholesterol control. Which begs the question...

How different would today's medicine be if *natural cures* were widely known, promoted, and available to all?

From a scientific standpoint, we've only been using patented medications to treat illness and dis-

ease for a relatively short time. Yet humankind has practiced medicine for *thousands of years* in every corner of the globe. Is it so unbelievable to think that during that vast stretch of time, no one ever learned anything of value about how to prevent, treat, and cure disease?

Of course it isn't. In fact, yesterday's doctors were on the right track—they *knew* that the cure for every imaginable disease *must* exist someplace in the natural world...

The truth is, countless numbers of the world's greatest healers were discovered and used ages before there was ever such thing as a patent—or an FDA. These cures are just as effective in this day and age—and would be *curing people by the million* if there'd been as much study, promotion and exposure behind them as there have been for risky prescription drugs.

But are these safe, powerful miracles like *red yeast rice* and hundreds of others household names today?

No. Things like Mevacor, Prempro, Zoloft, Claritin, and Prolosec are.

While we're being forced to pay through the nose for the only medicines available...

The REAL CURES are getting the bum's rush!

That's right: From cholesterol reduction to hormone replacement to pain relief, there are *always* safe and natural alternatives to the mainstream's synthetic drugs. Finding out about them is another matter entirely, however.

But there's one man who can help you discover not only the *red yeast rice* cure, but hundreds—if not thousands—of other safe, natural, affordable and effective secrets for a healthier, longer, and more active life. I want to introduce him right now...

This medical "maverick" has been swimming against the current to pioneer natural cures the FDA has swept under the rug

His contemporaries call him

the greatest genius in alternative medicine.

In fact, they recently awarded him their discipline's highest honor for a lifetime of achievement in naturopathic medicine—the Linus Pauling Award.

Thousands of forward-thinking doctors have sought him out for advice and guidance in seeking natural therapies for health problems that have defied drugs and conventional treatments...

And to many of his patients, he represents hope for progress in the safe treatment (or even the complete reversal) of diseases and illnesses that may have plagued them for decades—and stumped their mainstream doctors many times over...

His name is Jonathan V. Wright, M.D. and on the following pages, you'll learn just a few of the breakthrough cures and thera-

pies that are delivering his patients—and the patients of his disciples—from the evils of both disease and the modern drugs that sometimes do more harm than good. In the years to come, these revelations will change medicine as we know it forever—if the big-money drug interests and corrupt government don't succeed in quashing them first...

But why wait that long? JUST SAY YES now and I'll be pleased to send you 7 FREE BONUS GIFTS detailing all of Dr. Wright's most valuable new breakthroughs.

This FREE 7-VOLUME Library of Food & Vitamin Cures will show you how to get healthier than you ever dreamed *without* drugs. Starting with how to replace dangerous "HRT" with the miraculous *real thing*...

(continued on page 4)

ONE DOCTOR WHO'S SAVING MODERN MEDICINE

■ Natural Medicine's LIFETIME ACHIEVEMENT AWARD

is just the latest in a long list of honors bestowed upon *Jonathan V. Wright, MD* by forward-thinking fellow doctors. He's President Emeritus of the National Health Federation and has served on the Board of Directors of Bastyr University, The Life Extension Foundation, the American Preventive Medical Association and other important institutions. And lately he's been appointed Trustee of Harbor View Hospital in Seattle—the only "level 1" trauma center in the American northwest states of Washington, Idaho, Montana, and Alaska.

■ He has degrees from Harvard University (cum laude) and the University of Michigan, but unlike some "gurus," he doesn't like or need to trumpet his academic credentials...

■ Because his medical breakthroughs speak for themselves. He's the doctor who introduced *bio-identical* hormone replacement therapy for women. Developed the first successful treatment

to reverse *macular degeneration*...

■ And he introduced Americans to the entire concept of natural medicine with articles in "Let's Live"...and introduced doctors to it in his best-selling *Book of Nutritional Therapy* and *Guide to Healing with Nutrition*, as well as other classics in the field...

■ More than 3,000 doctors, nurses and other health professionals have taken the famous seminars taught by Dr. Wright and his colleague, Alan Gaby, M.D., acclaimed as the #1 educational resource for physicians who want to learn nutritional medicine...

■ Yet for Dr. Wright, all the above is secondary to his family medical practice. At his world-acclaimed Tahoma Clinic, he's received over 35,000 patient visits, from people who have come from as far away as Brazil, France, Japan and Thailand. And they all seem to agree...

(continued on page 12)

What drug firms call “hormone therapy” is really HORSE

The chemical content is so dangerous, it's a miracle millions *more* women are alive. Dr. Wright has been prescribing a safe *and truly miraculous* answer. Here's why.

IT'S TIME TO END THE COVERUP. Despite what drug firms would have you believe, today's HRT crisis is *not* a surprise. The inherent dangers revealed in recent clinical trials were *suspected for decades...*

And Dr. Wright first sounded the warning 20 YEARS AGO!

That's right! Nearly two decades ago, Dr. Wright told his patients and readers why conventional “Hormone Replacement Therapy” was a recipe for disaster. *And he pioneered the only sane solution.*

Millions of women might have been spared needless suffering...

And many lives might have been

saved—if drug firms hadn't drowned out Dr. Wright's message in a sea of advertising. Here's what they conveniently *left out* of all those celebrity TV commercials:

■ **HUSH UP #1:** The HRT advertised on TV *and* used by researchers in the recent Women's Health Initiative study does *not* replace human hormones with anything resembling *human hormones*.

■ **HUSH UP #2:** Standard HRT uses molecules *never before* found in human bodies. In fact, the best-selling “HRT” contains horse hormones extracted *from horse urine*.

■ **HUSH UP #3.** When you flood your body with *molecular gunk* that nature never intended to be there,

damage is virtually guaranteed. *You may as well pour molasses into your car's gas tank.*

At this point, some patients ask “But aren't horse hormones natural?” Sure they are, and they're fine for mares. But do you wear a saddle?

Let's look at what's actually in this stuff

Prempro®, the substance tested by the Women's Health Initiative, consists of two different drugs—Premarin® and Provera®. The main ingredient in Premarin is a horse hor-

80% estriol

The estrogen in a healthy, cancer-free woman is mostly *estriol*. It's the gentlest of the three molecules, and is generally considered to be anti-carcinogenic.

The only HRT used safely for 200,000 years

For more than 20 years, experts in natural medicine have been praising Dr. Wright's therapy as the best and safest method of hormone replacement. Because it's the *only* one that replicates the estrogen formula nature gave you. Women have been using it safely for over 200,000 years!

How Dr. Wright made his brilliant discovery

In the early 1980s, a patient came to Dr. Wright complaining that her doctor had prescribed Premarin. She insisted she wasn't a horse (I'm not kidding) and asked if there were anything better available. There wasn't! So then and there...

He set out to chart nature's “recipe” for healthy human estrogen...

After painstaking research, he discovered that of the *literally dozens* of estrogens present in the body, cancer-free women exhibit an abundance of *estriol*, along with smaller quantities of *estradiol*, and *estrone*.

Yet existing conventional “HRT” products *contained no estriol at all!*

This finding proved key to the development of Dr. Wright's breakthrough formula—called Bio-identical Estrogen. His formula uses *estriol* and these other estrogens identical to those found in the human body, estrogens transformed from non-human organic starting materials such as soy and dioscorea (Mexican yam).

Without the added horse hormones found in conventional HRT treatments!

Now, Dr. Wright's miraculously successful Bio-identical Estrogen therapy is used by thousands of forward-thinking doctors—on tens of thousands of patients across the country—to precisely replicate the delicate estrogen balance that keeps women healthy and cancer-free!



A note from Jonathan V. Wright, M.D.

How I discovered a whole new world of medicine— from a *patient*...

It might be hard to believe...but, natural therapies and cures for almost all diseases really do exist.

So why doesn't everyone in the mainstream apply these miraculous natural cures? Because modern medicine isn't run by conscientious doctors like the Marcus Welbys and Ben Caseys we've seen on TV. Today's medicine is less about healing and more about making money. In short, it's a *marketplace*, one that's largely monopolized by business interests like pharmaceutical and insurance companies. And in this marketplace, what's profitable is what's *patent-able*.

That's why you've probably never heard of red yeast rice or any of the other natural cures I've spent most of my medical career discovering (or rather rediscovering.) Because safe, natural red yeast rice *can't be patented* and sold for big bucks, so there's no mainstream's incentive for telling you about it.

But more than three decades ago, I chose against rolling over and joining this dictatorship-of-the-dollar. Instead, I dedicated my life to developing a type of medicine that offered my patients both the very latest of what conventional

(Keep reading...)

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WHAT ABOUT SOY?

Soy enjoys a charming image, but the reality isn't so rosy. Soy is *not* a bunch of flower children dancing around a tree and sharing a bag of granola. Soy is a huge, multi-billion dollar, chemical-intensive industry that spends big money to obtain its favorable PR.

THE FACTS. Freshly picked soybeans are **HIGHLY TOXIC** and can only be rendered edible by chemical processing and acid baths. To improve the taste of powdered soy, various additives often come into play, including MSG and preservatives. Even all this processing can't remove the unusually large quantities of trypsin inhibitors that have been linked to cancer.

Soy burgers and frozen tofu are about as "natural" as Velveeta. Even more importantly, the estrogen-like compounds in soy foods are *not the same ones nature gave you*.

Doesn't it make more sense to stick with the hormones you've been using all your life? Get full details about Dr. Wright's *Bio-Identical Hormone Therapy* in your **FREE BONUS Library of Food and Vitamin Cures**.

So why aren't YOU getting Dr. Wright's therapy?

You easily could. It's available throughout America, and your **FREE BONUS Library of Food and Vitamin Cures** will direct you to a doctor who can prescribe it. But *your* doctor may not have heard about it...

Because that's the way our drug-centered health system works. Mainstream doctors prescribe what drug companies promote. Drug companies won't promote what they can't patent—and *your body chemistry can't be patented*. This is also why Dr. Wright's *heart break-through* remains a well-kept secret...(continued on page 6)

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medical science had to offer—but also the very best in safe, effective, and affordable natural *alternatives*.

How did *I* find out about these natural miracles if no one in the mainstream was talking about them? By chance, more or less. A patient of mine asked for my opinion before trying a vitamin therapy she'd read about in an obscure book. Here's what happened...

Thirty-odd years ago, a woman who'd tried every conceivable conventional patent medical treatment for frequent, intensely painful leg cramps came to my office in desperate hope of relief. Her condition was so desperate that she'd begun to search for cures outside the realm of "accepted" medicine. In her hand that day, she carried a small, nondescript-looking volume written by Adelle Davis. In this book, a section suggested that vitamin E might help her problem. She asked me if it was safe to try this type of therapy for her condition...

I told her that the only thing I'd been taught in medical school about vitamin E is that no one has ever died from an overdose. I figured that since nothing else had helped her much in 8 years, why not try it?

So she tried the vitamin E, and within one month her leg cramps were gone—and they *never came back*.

Needless to say, her remarkable success piqued my interest, so I obtained a copy of the book for myself. The next time a patient

(Continued between pages 20-21)

one replacement URINE therapy

didn't get breast cancer. Yet for nearly 20 years, why you haven't heard about it until now...



none called *equilin*. Nature never put a speck of equilin in any human woman, and for excellent reason.

Its effects on your uterine lining are 1,000 times stronger than human estrogen. No wonder it increases your cancer risk!

Yet it's the best-selling drug of our time!

The second component in Prempro is called Provera and it's *not* progesterone. It's an artificial molecule patented in the 1940s and it's not even natural to horses. *No wonder* it's proven hazardous to your heart!

But the problem isn't just Prempro.

More than 25 other so-called "HRT" products have been approved by the FDA. Some call themselves "natural," but even these do *not* replicate the estrogen of a healthy woman. Here's why...

Human estrogen is actually a blend of *many* different molecules...

Chief among these are *estriol*, *estrone* and *estradiol*. (Tough to pronounce, but remember them— these

three little words could save your life!) And they've got to be properly *balanced* or you're inviting big trouble.

Women with *breast cancer* tend to be:

- **LOW** on *estriol*
- **HIGH** on *estradiol*

Yet many patented "HRT" products are **HIGH** in *estradiol*! Want to guess what they're likely to do?

But Dr. Wright's "alternative" is THE REAL THING

It's called **BIO-IDENTICAL HORMONE THERAPY**. And it's not an "alternative" at all—because it replicates *the exact same estrogen balance* that's been keeping women healthy for 200,000 years.

Dr. Wright has been using it for 20 years, prescribing it for thousands of women. The incredible relief they have reported is a matter of public record. In many cases, these women have replaced lost bone mass, come back from life-threatening heart conditions—and in all this time, only a few of *all these thousands* of women have ever been diagnosed with cancer. (That's far lower than the national average of one in eight women.)

After all is said and done, isn't the safest, sanest treatment *always* the one that's friendliest to your body?

WHAT ABOUT SOY?

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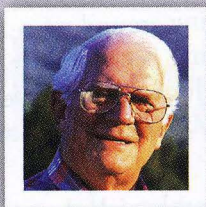
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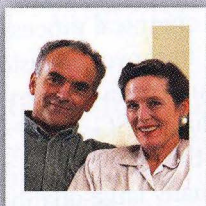
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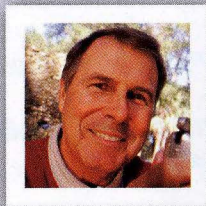
What's *your* heart-health worry?



- **HIGH CHOLESTEROL?** Ron's was well over 400, despite three years on a low-fat diet. Yet Dr. Wright's easy solution dropped his cholesterol 180 points...and his triglycerides plummeted by a staggering 540 points.



- **HARDENING OF THE ARTERIES?** Hernando's blockage was so advanced, he could barely hobble across a room! He said "I'm just waiting around for things to get bad enough so I can have my legs amputated." Yet thanks to Dr. Wright, he was walking "at least two miles, three times every week, without sitting down once!"



- **HIGH BLOOD PRESSURE?** Fred K. couldn't get his BP below 170/110, even after cutting out salt, caffeine and alcohol! He wasn't even 50, but his blood pressure drugs were making him feel like an old man. Yet Fred soon dropped his blood pressure to normal, threw out his drugs, and Dr. Wright will show *you* how to do the same!



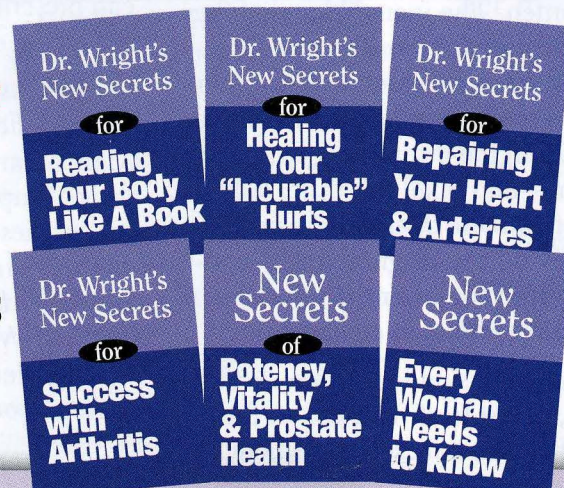
- **ANGINA?** John's vanished in just 10 days. His pain was so intense, that his doctor was urging *bypass surgery*, but Dr. Wright's natural solutions cleared it up in just over a week!



- **CONGESTIVE HEART FAILURE?** Mrs. Livingston's lungs were filled with fluid and she couldn't even sleep without being propped up. But Dr. Wright soon had her sleeping like a baby and feeling so strong, *she even started gardening again!*

Let Dr. Wright
do the same for
you and *your*
loved ones

See page 23 to get
your FREE BONUS
Library of Food and
Vitamin Cures



Seven times and safer

Dr. Wright uncovers the

CHOLESTEROL DRUGS may poison your liver, but at least they prevent heart attacks...right?

Not so fast. In one of medicine's strangest ironies, it now appears that cholesterol-lowering "statin" drugs may *weaken* the human heart. In a recent series of clinical studies, **top-selling statin drugs were found to:**

- ✓ *Raise* blood pressure...
- ✓ *Lower* levels of lifesaving HDL ("good") cholesterol...
- ✓ *Increase* an important measure of blood clotting, linked to heart attacks...

Of course, all these things increase your risk of heart disease, but here's the kicker...

As Dr. Wright warned his readers *years* ago, all statin drugs *block* your body's production of coenzyme Q10. And this nutrient is so critical to your cellular "energy engines"...

Your heart *can't* beat without it!

That's right! If you desperately *wanted* to keel over from heart failure, you could hardly pick a quicker way than to deplete your CoQ10 levels. And that's exactly what you're encouraging every time you pop a statin pill.

But now they're pointless. Because Dr. Wright has found a common substance that blows the

es stronger than statin drugs than a sugar pill...

surprising secret that makes dangerous cholesterol drugs look silly

drugs away. In fact, when independent researchers tested it against costly statin drugs like prevastatin (Prevachol), lovastatin (Mevachor), simvastatin (Zocor)...

It proved *seven times* better...

While statin drugs simply cut cholesterol, clinical studies now confirm that Dr. Wright's discovery can...

1. Slash **LDL** cholesterol by a whopping 25%...
2. Cut **TOTAL** cholesterol as much as 17%...
3. Yet *raise* "good" **HDL** cholesterol by over 29%...
4. Reduce dangerous **TRIGLYCERIDES** up to 16%...
5. Lower both systolic and diastolic **BLOOD PRESSURE**...
6. Slash the risk of deadly **BLOOD CLOTS**, without any need for aspirin...
7. All *without* blocking your **CoQ₁₀**...

Getting the picture? A tiny dose of just 15 mg. a day...

Gives your *entire* circulatory system A NEW LEASE ON LIFE!

So what *is* this awesome new powerhouse? Some ultra-risky drug that still needs years of testing and tinkering? Something we'll have to pay hundreds of dollars for, when it finally appears?

Not at all! This new wonder is made from nothing more dangerous than...

SUGAR CANE EXTRACT

And it's not even the sugar component, but *the part we've been throwing away!*

In fact, this extract has practically *zero* carbohydrate content. It's so harmless that even type II diabetics can use it without raising their blood sugar. And when scientists tested it for any *other* bad side-effects...

It proved even safer than the placebo!

It's available right now, at low cost and without a prescription. And there's even more good news about this lifesaving discovery, as you'll learn in your **FREE BONUS Library of Food and Vitamin Cures**.

Yet this is just one instance of how his astonishingly *simple* new solutions are making synthetic drugs obsolete.

Just consider what he's doing for *men over 40*...(continued on page 8)

The delicious discovery that SLASHES STROKE RISK BY 40%

JUST ABOUT EVERYONE LOVES IT and Dr. Wright has been urging us to eat *more* of it for decades.

Now, a massive 12-year study confirms what he's been saying. If Americans ate *just one more serving* per day of this delicious food, it could prevent 40% of all strokes from ever happening! That's because it's rich in a powerful nutrient that strengthens and rejuvenates *every blood vessel in your body*.

You're probably having some tonight. Just eat a little more.

Full details in your **FREE BONUS Library of Food & Vitamin Cures**
RSVP right now to get yours!

Could today's top prostate drug actually be **CANCER FERTILIZER?**

That's what new research suggests! But Dr. Wright's prostate breakthrough reverses swelling while *switching on* your anti-cancer genes...

PROSTATE DRUGS can flatten your sex life, but at least they're good for your prostate...right?

Are you sitting down?

Researchers at the University of Southern California recently tested this assumption, and the results couldn't have been more alarming.

As recorded in the *British Journal of Cancer*, they studied 52 men with high PSA...

First they gave the men baseline biopsies to make sure there were *no signs of cancer*...

Then they gave 27 of the men a one-year course of *finasteride* (Proscar®), the standard drug for benign prostate problems. The other 25 were given *nothing*.

When the year was up, researchers gave each man a *second* biopsy. Guess what they found?

**Nearly 30% of the men
taking Proscar®
DEVELOPED
PROSTATE TUMORS**

Yet tumors were found in only *one* of the 25 men taking nothing. Which raises the obvious question...

HOW CAN THIS BE? How could our "best" prostate drugs turn out to be *cancer fertilizer*?

The reason is more alarming still...

As Dr. Wright told his readers years ago, these drugs are literally *turning men into women*.

Relive your glory days— without risking cancer

Dr. Wright's research has shown that simply boosting your *testosterone* levels can not only reverse impotence, but solve a huge range of other "male menopause" problems, including:

- Low libido
- High LDL cholesterol or triglycerides
- Potbelly and flabby muscles
- Osteoporosis
- Very possibly, even senility and Alzheimer's disease!

But before you swallow just *any* testosterone-boosting herb...

Watch out! In older men especially, much of that extra testosterone can *turn into estrogen*. And this could raise your prostate cancer risk.

Smarter idea. In an exciting new breakthrough, Dr. Wright has found a botanical that *balances* your hormones—raising testosterone while *lowering* estrogen levels. Full details in your FREE BONUS Library!

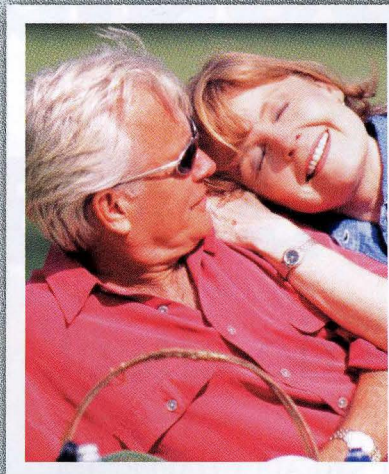
Aaron was facing the surgery all men should dread...

But Dr. Wright saved his sex life

After 4 years of painful BPH, Aaron couldn't bear it anymore. His doctor was saying "surgery," but his wife was horrified! "Aaron," she said, "haven't you heard enough from your brother about what surgery does? A good thing he's a widower."

Now both Aaron *and* his wife are happy and fulfilled again. His prostate has shrunk, his pains are gone and he says "I don't have a problem anymore." Perish the thought of surgery! Just follow Dr. Wright's simple instructions in your FREE BONUS *Library of Food and Vitamin Cures*.

See page 23 to get your FREE BONUS
Library of Food and Vitamin Cures



You see, Proscar works by blocking the normal "pathway" of your testosterone. Ordinarily, some of your testosterone turns into a slightly different hormone, called DHT (dihydrotestosterone)...and swollen prostates often contain high levels of DHT. So drug firms *assumed* DHT was causing the trouble.

They developed powerful drugs like Proscar® to *suppress* DHT production. Sound like a good idea? Maybe, until you consider what else happens when you block this process. When your body can't make DHT...

Lots of testosterone turns into ESTROGEN!

Yes, estrogen! The *female* hormone! Now, scientists have known for decades that the human body creates estrogen out of testosterone. (That's how women's bodies make it.) And a *little* estrogen is normal in men. But when a man's estrogen ratio gets too high...

The entire male edifice crumbles

Your erections wilt, your libido sinks, you can develop a form of diabetes, your heart risk rockets...

Is it really any wonder you're more likely to get cancer too?

Yet drug firms continue to make billions selling these *stealth sex change pills*. Even though Dr. Wright has pioneered a much more powerful way to...

TURN OFF your prostate swelling and TURN ON your cancer-fighting genes!

You'll find Dr. Wright's famous program for ending benign prostate swelling in your FREE BONUS *Library of Food and Vitamin Cures*. It's breathtakingly simple. As you'll see...

You may be wasting your money on SAW PALMETTO...

Sure, it can bring some relief, but it doesn't correct the cause of the problem. *No man on earth ever suffered from a saw palmetto deficiency*. But plenty of men *are* short on a couple of common nutrients. They cost peanuts, yet they're all you may need to shrink swollen tissue and urine like a teenager.

Then, Dr. Wright will show how adding just one more cheap mineral

to this incredibly simple program can virtually armor-plate your prostate against cancer...

Is prostate cancer a NUTRITIONAL DISEASE?

Some so-called experts scoffed when Dr. Wright suggested this. Just as scurvy is caused by a vitamin C deficiency, Dr. Wright wondered if prostate cancer might be triggered by a *selenium* deficiency.

Too easy to be true? But just months ago, researchers at Indiana University provided stunning confirmation. They showed that selenium *activates and protects* a gene called p53. And this gene instructs your cells to repair damaged DNA! If a deficiency knocks this gene out of action, cancer becomes far more likely.

This selenium discovery is so powerful it could also be a key to preventing lung, breast and colon cancer too, all for just pennies a day. Are you starting to see how *simple and safe* the world's most powerful cures can be? And thanks to Dr. Wright, now it's equally easy to defeat any kind of pain... (continued on page 10)

Could those costly be causing BACK

“Side effect” documented by manufacturers!

IT'S REALLY HAPPENING. You go to your doctor for back pain and he prescribes the widely hyped new and powerful pain-killers. But despite all those merry commercials singing “Celebrate! Celebrate!” your pain actually *increases*...

Are you just imagining it? No! This nifty little side effect has been documented by the drug firms themselves. In a significant number of cases, both these new Cox-2 inhibitors are linked to *back pain*...

So what good *are* they? Maybe they're safer than previous painkillers?

That was the promise. The reason for their development was to find something safer than aspirin, ibuprofen or acetaminophen. But now, even the ultra-conservative *Journal of the American Medical Association* warns that new studies “raise a cautionary flag about the risk of cardiovascular events.”

**In plain English:
Watch out for heart attacks**

One of these studies involved 23,407 people. Heart attack rates for

Pain & cysts since she was a teenager... RELIEVED IN JUST 10 MINUTES

Jenny B. had painful cysts in her breasts since she was 17. They hurt so much, she said “I can’t even sleep on my chest between periods.” Dr. Wright found she had dozens of lumps in each breast, and swelling around the lumps. He gave her just two common minerals...

And 10 minutes after taking them, she could hardly believe the difference. “I’m better! I don’t hurt as much and I think the swelling is less, I think even the lumpy areas are smaller.”

Good things kept happening. Half a year later, she happily told him “I haven’t had any pain in two months now! All those lumps are a lot smaller and I think some of them are gone.” Full details about the treatment that healed her are in your FREE Library. Return your Free Gift Certificate today.

those taking the drugs Vioxx® and Celebrex® were so much higher, it couldn’t be a coincidence. Initially, the US Food and Drug Administration (FDA) asked the maker of Vioxx to caution doctors...and then more recently the drug’s maker removed it

from the market altogether

**But who’s telling the
PATIENTS?**

Dr. Wright, that’s who! In the pages of his newsletter *Nutrition & Healing*, he was among the first to warn about these dangers. This is also where he broke the shocking news that even when they *don’t* kill, these new drugs work no better than the humblest, cheapest painkiller in human history...

**After 100 years of trying, drug
makers *still* can’t beat
TREE BARK**

Maybe you knew that willow bark was the inspiration for aspirin, the granddaddy of synthetic analgesics. Aspirin doesn’t work any better—Bayer developed aspirin simply so they could patent it. But Dr. Wright really rocked the boat when he published clinical data suggesting that even “fancy” prescription drugs can’t beat tree bark!

Check out the details in your FREE BONUS *Library of Food and Vitamin Cures*.

new painkillers PAIN?

Then discover Dr. Wright's revolutionary program
for *real* **SUCCESS WITH ARTHRITIS...**

Rest assured, Dr. Wright's program consists of nothing more than taking a few nutrients and changing some eating habits. Yet it results in the most dramatic relief in the history of this stubborn condition. Plus, your **FREE BONUS Library** will show you...

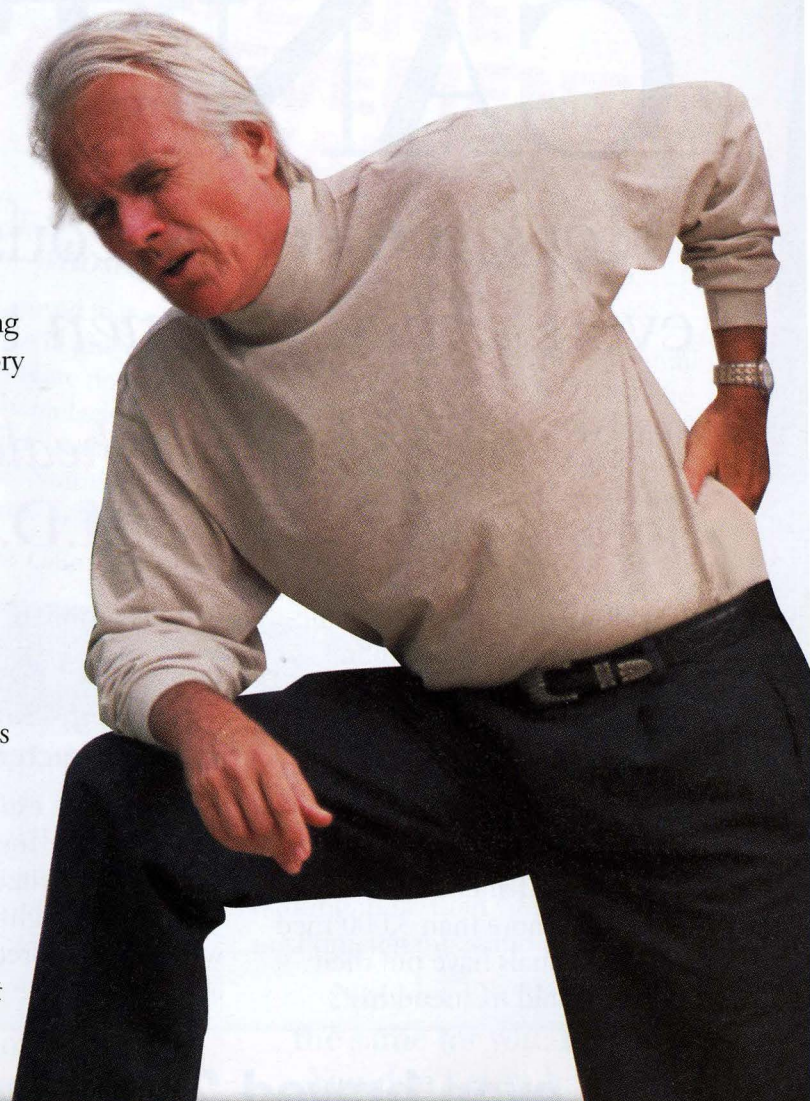
**How 6 years of chronic pain can
VANISH IN 30 SECONDS**

Susan had been suffering *unrelenting, disabling pain*, day and night for 6 long years. Until she went to Dr. Wright's Tahoma Clinic. Here, she received a nutritional "cocktail," consisting of nothing more than common vitamins and minerals. And within half a minute, her pain was only a memory! Totally relieved and happy...

***She got up from the treatment table and
RAN ACROSS THE ROOM!***

Amazingly, this kind of relief is more or less typical. You'll learn the formula in your **FREE BONUS Library of Food and Vitamin Cures**, plus what your loved ones *must* know about...

(Continued on page 14)



What's hurting you?

- ✓ **OSTEOARTHRITIS?** Harry's joints were so swollen, he needed a cane to get out of his chair. But thanks to Dr. Wright, 10 years of pain and swelling soon *vanished*.
- ✓ **RHEUMATOID ARTHRITIS?** Theresa was taking 12 pills a day and her joints were so deformed, she doubted she'd ever look "normal" again. But before long, both her pain and her deformities were almost entirely gone—and so were the drugs! Dr. Wright's success rate with this treatment is nearly 100%.
- ✓ **MIGRAINE?** Joan's faded in just 3 minutes, thanks to Dr. Wright's revolutionary vitamin and mineral

treatment. "I still can't believe it," she says. "Three minutes...I felt warm and the pain started to fade." (Better still, thanks to his breakthrough program, they never came back!)

- ✓ **GALL BLADDER PAIN?** Laura's was gone in 3 days! Let Dr. Wright show you how he eliminates it forever without surgery, in 99% of cases.

**Let Dr. Wright do the
same for you!**

**See page 23 to get your FREE BONUS
*Library of Food and Vitamin Cures***

35,000 PATIENTS CAN'T BE WR

How one courageous doctor overcame ridiculous
even *armed gunmen* to change the future of medicine

*"In 40 years, I've never healed a single patient," says
Jonathan V. Wright, M.D. "They heal themselves."*

But he must be doing something right! More than 35,000 patients have come to his famed Tahoma Clinic in Washington State—so many, the wait to see him is now six months.

He's considered a hero in Japan, a sought-after speaker in Europe and more than 3,000 medical professionals have put their careers on hold to attend his

famous seminars. *Why?*

"What I do is very nearly nothing," says Dr. Wright with characteristic modesty...

But that's exactly the genius of his approach. Instead of aiming a chemical howitzer at health problems, Dr. Wright attacks them with the deft precision of a martial arts master...

A mineral here, a vegetable there, and today's most feared diseases *collapse at his feet*

Unlike other natural physicians, Dr. Wright doesn't even make heavy use of medicinal herbs. No need! His brilliant mind finds miracles hidden in substances as harmless as *cinnamon, mustard and sugar cane*.

In the process, he's making the

He even braved 24 gunmen to save his patients!

With guns drawn, two dozen heavily armed thugs kicked down the door of Dr. Wright's clinic. One of them stuck a revolver in his receptionist's face. And for 14 hours, they held Dr. Wright and his staff at gunpoint.

They ransacked the clinic, destroyed medical equipment and pawed through confidential patient records. It was like some terrorist nightmare out of Afghanistan or Kosovo. But the truth was even scarier...

The terrorists were wearing government badges

They were sent to harass Dr. Wright by the

FDA. And what was his "offense?" Was he selling drugs illegally? Giving out phony prescriptions over the Internet? Oh no...*He was using preservative-free B vitamins.* (That's it. B VITAMINS. Of course, no charges were ever filed.)

Are you starting to see why Dr. Wright is such a hero to forward-thinking physicians? And how hard he's willing to fight to find better cures for you?

RSVP now to benefit from hundreds more of his discoveries...FREE!

TS ONG

hostility and ern medicine

last 100 years of drug-centered
medical wisdom look foolish.
And turning former skeptics
into believers.

They said you can't
reverse **EMPHYSEMA...**

But Erwin is living proof
that you can! His face was blue from
obstructive lung disease. Yet Dr.
Wright simply asked him to inhale a
common nutrient, and Erwin's in
the pink again! "The lung doctor can
hardly believe how well I'm doing,"
says Erwin. "He's going to use [your
treatment] for all his other patients."

They said John would never
be free of **ANGINA...**

Yet within just two weeks, John
reduced his angina...and after six
months he was off all medications
and totally free of chest pain. Now
he can run two miles without a
twinge! Let Dr. Wright show you
what did it.

School authorities said little
Jeremy needed **RITALIN...**

No wonder! It turned out the
school received nearly \$1,000 in
federal funds for each kid they put

on the drug. But Dr. Wright's
answer for hyperactive kids requires
no drugs at all. Later, Jeremy's
teacher said, "[he's] not hyperactive
at all, just normal and bright." Find
out what he did!

In 4 years, 37 doctors
couldn't cure Doris'
CHRONIC FATIGUE...

But Dr. Wright nailed the cul-
prit in just a few minutes! Six
months later, Doris reported feeling
"just like my old self" and her prob-
lem hasn't returned. If you're feel-
ing beat, this simple solution could
transform your life!

For 7 years, doctors told
Arthur he'd just have to live
with **IRRITABLE BOWEL
SYNDROME...**

All the drugs they gave him

Physicians honor Dr. Wright with medicine's first

LIFETIME ACHIEVEMENT AWARD

*"Dr. Wright proved that a lone physician,
whose cause is true, can prevail!"*


"[Dr. Wright] proved that a lone physician, whose cause is true, can prevail...
Medical history will judge after this: 'Wright makes might!'...Your scientific
accomplishments are no less impressive: You were among the first physicians
to embrace orthomolecular [natural] medicine and you write about it with
intelligence...Your medical discoveries and applications are numerous... And
your...newsletter, Nutrition and Healing, has kept the American people abreast
of the real progress in this field...Thank you, Dr. Wright."

From the text of the Linus Pauling Award, given to Dr. Wright by fellow physicians

offered no help. Yet Dr. Wright soon
fixed the problem for good with
nothing more than vitamins, a few
mealtime changes and peppermint!

Now let Dr. Wright do
the same for you, **FREE!**
You don't even have to
visit his clinic...

Because right now, Dr. Wright
is inviting readers of this report to
benefit from his latest and greatest
breakthroughs for **FREE**. Return
the form on page 23 today and
you'll receive his comprehensive,
updated *Library of Food &
Vitamin Cures*...with full details
about how to get and use all the
discoveries mentioned on these
pages. You could start feeling the
difference in mere months, days or
just minutes.



Beat diabetes with **COMMON CINNAMON??!!**

Many type II diabetics may
never need drugs again

Dr. Wright shows us an herb that naturally

GIVES BACK what
diabetes takes away...

*And allows vital insulin
to do its job once again!*

Time and again, type II diabetes sufferers under Dr. Wright's care actually regained their natural sensitivity to insulin—and their ability to better regulate blood sugar levels. This takes a huge burden off their already disease-taxed pancreases. In fact, controlled studies showed this miracle-herb slashed their need for supplemental insulin by 50%! More amazing still, lab tests on diabetic subjects show it can even...

Reduce insulin dependency in as little as 20 days

More research is needed, but this readily available, inexpensive herb could well prove to be the biggest adult-onset diabetes treatment breakthrough of our time. And unlike the mainstream's prescription drugs, it carries with it *no harmful side effects...*

FULL DETAILS IN YOUR FREE BONUS

Library of Food & Vitamin Cures

See page 23 now to get yours!

SOMEDAY SOON the threat of diabetes type II could be *wiped out* for millions of people. Because Dr. Wright has shown us how to overcome *and* prevent it, using nothing more costly than *table cinnamon*.

NOTE: I'm not talking about some exotic variety, but the stuff that's already in your cupboard!

Up until recently, type II diabetics *thought* they had no choice but to pay through the nose for dangerous drugs, including metformin (Glucophage®). Side effects from this stuff include extreme weakness, muscle pain, trouble breathing and even heart arrhythmia. But now, Dr. Wright's patients and readers have learned...

**Success can be as simple
as saying
SUGAR & SPICE**

How? It turns out that cinnamon contains a very powerful nutrient called *methylhydroxychalcone polymer*—MHCP for short. And new research has shown that

"AFTER A MONTH...NO TRACE OF MACULAR DEGENERATION!"

Since 1985, Dr. Wright's breakthrough nutritional treatment has reliably saved 70% of all patients with apparently "incurable" dry macular degeneration. Here's what patients and doctors are saying about it...

"My eyes returned to normal"

"I consulted with two doctors at Eye Associates, and then two specialists at the Virginia Mason Clinic. They told me I had macular degeneration and there wasn't anything that could be done...it would just be getting worse. Within a month of starting [Dr. Wright's treatment], my eyes returned to normal. When I went back to my eye doctor...he stated there was no trace left of macular degeneration."

—Joan P.

"As an added bonus, my hearing improved"

"Television was easier to see and reading became easier. I had to go back to using the glasses that I had gotten a year earlier as they were not as strong. As an added bonus, I noticed that my hearing had

improved some...I had to turn the TV volume down several notches."

—Gertrude G.

"Dr. Wright's secret saved the eyesight of my patients"

"Mostly they were told...that nothing can be done...the prognosis is hopeless. I can testify from clinical experience I have that about seven out of ten of the patients who have come in with this diagnosis...benefitted substantially...what a boon it is to save one's vision!"

—Dr. Tom Dorman

Now it's your turn. If you know anyone with this heart-breaking condition or any other age-related degenerative problems, don't wait another day for things to get worse. Do something *now* while there's time. Get full details in your **FREE BONUS Library of Food & Vitamin Cures!**

MHCP closely mimics human *insulin*. Better still, it helps your own insulin control blood sugar much more efficiently.

Dr. Wright will show you exactly how to use this incredibly easy breakthrough in your **FREE BONUS Library of Food & Vitamin Cures**.

If any of your loved ones have type II diabetes, this could reduce or eliminate any need for drugs...

Even more importantly, you'll learn how to spot a *tendency* that hasn't yet become full-blown diabetes. (Just a glance at your skin could tell you if you're "pro-

grammed" for diabetes.) And Dr. Wright will show you how to *keep* the disease away forever.

It's proving a huge help for type 1 diabetics too...

As type I diabetics know too well, injected insulin causes its own set of problems. But proper use of cinnamon can reduce the amount you have to use.

But before you start sprinkling it on...

Don't even think of trying this before consulting your **FREE BONUS Library of Food and**

Vitamin Cures.

Find out how much to use, how to work it safely into your current program—and how to remove the trace toxins found in natural cinnamon. (No need to worry if you're just flavoring foods with cinnamon, but anyone using more than 1/4 teaspoon daily should be "filtering" as Dr. Wright suggests.)

Are you starting to see how *simple, safe and quick* it can be to heal just about anything? But keep reading, because I've saved a truly mind-bending example of this for last...



MIRACLE

tackles everything from

If I told you a “magic potion” existed that could:

- Make *germ-infested* water safe to drink...
- Take care of stubborn *bladder infections*...
- Help painful *ovarian cysts* disappear...
- Help *hemorrhoids* to vanish overnight...
- Even help dissolve built-up *cholesterol*...

You’d probably call me nuts. But such a super-cure actually exists—Dr. Wright recently revealed it to his *Nutrition & Healing* readers! And the best part is this: It’s available in any corner drug store without a prescription...

For less than the cost of a cup of coffee!

So what is this overlooked over-the-counter miracle healer? It’s a special form of...

ORDINARY IODIDE!

No, it’s not the stuff you put on a cut—but a closely related Iodide compound called SSKI that Dr. Wright has demonstrated is actually one of nature’s most miraculous healers. He’s found dozens of amazing uses for it, and he’ll pass along these secrets to you in your FREE BONUS *Library of Food and Vitamin Cures*. Lest you think I’m making this up, let me explain how

some of them work right here...

SURPRISE 1

Dr. Wright has a physician friend who drank contaminated water for 30 years, while ministering to African villagers...

...and the water was typically so foul, he had to strain out the scum with a cheesecloth! Yet he never got sick even once. All he did was add a few drops of SSKI iodide to the water a few minutes before he drank it. Presto, it was drinkable.

SURPRISE 2

Ever get sick after an airline flight?

Dr. Wright makes sure he doesn’t. Before he boards the airplane, he simply drinks water mixed with a few drops of SSKI (he’ll explain what it is in your FREE Library).

Just one of Dr. Wright’s discoveries could CUT YOUR HEALTH COSTS IN HALF

Major corporate study proves it

Dr. Wright has maintained for some time that we could cut our health problems in half simply by identifying our hidden food sensitivities. Now there’s more proof that he’s right on the money. In 1998, a major American corporation commissioned a study to measure the actual health effects of detecting and correcting food sensitivities. Here are the results:

- The entire group under study cut their long-term health problems *by more than 50%*.
- *Every single person* who turned out to have a food

sensitivity experienced partial or total relief.

- The group saved an average of \$1,271 per person in just one year, in health care costs. (And that’s not including the enormous hospital costs that they avoided.)

Let him do the same for you!

You’ll find Dr. Wright’s simple program for revealing your hidden food sensitivities in your FREE BONUS *Library of Food and Vitamin Cures*. See page 23 now to get yours!

MINERAL

acne to arteriosclerosis!

The iodide rapidly travels to your nose, throat and sinuses. There it proceeds to zap hoards of bacteria and viruses floating around in that foul-smelling cabin air. Abracadabra, you're bug-proof!

SURPRISE 3

Women know how painful bladder infections can be...

...and they always seem to flare up when your doctor isn't available. But Dr. Wright has shown *his* loved ones how to end the problem all by themselves, with nothing more than an eyedropper and that trusty iodide bottle. According to Dr. Wright, it's close to 100% effective.

SURPRISE 4

Ovarian cysts can be so agonizing that...

...many women gladly go under the knife just to be rid of them. Yet Dr. Wright has made them *disappear* for dozens of women, including his own daughter. No scalpels required, just that bottle of SSKI iodide! (Benign *breast cysts* vanish just as easily with a similar treatment.)

SURPRISE 5

Wake up to no more hemorrhoids

A colleague of Dr. Wright's has found that hemorrhoids really do vanish *overnight* when you simply mix iodide with a common vegetable oil and apply at bedtime. A similar technique can flatten

enormous scars.

SURPRISE 6

Dissolve cholesterol? Really?

Honest. As a student at Harvard, Dr. Wright never forgot a demonstration by famed chemistry professor Louis Feiser. Professor Feiser used iodine to dissolve all manner of oils, fats and waxes—and it so happens that *cholesterol is a wax*. He urged his students to remember this trick in their medical practices...

Dr. Wright did just that. And now he's using it in a breakthrough artery-clearing therapy. If you know anyone with arteriosclerosis, *this could save his or her life*. How do I know...?

Photographic proof! Doctors actually took *photographs* of patients' retinal arteries before and after a similar therapy. The published photos show a significant lessening of cholesterol-laden artery clogging.

CAUTION: Do not try these before reading Dr. Wright's instructions!

SSKI iodide has enormous potential benefits, but you do need to know how to avoid the hazards. *Please* wait until you receive your FREE BONUS Library. He'll give you instructions for all the tricks above and explain the fascinating biochemistry that makes it work so wonderfully. He'll even show you how to...

Why was Vincent leaving his socks in the fridge?

Incredibly common cause of "senility" is *curable*!

When Vincent started leaving his socks in the vegetable crisper, his wife was merely worried. But when he came back from a fishing trip minus the fish, his boat and his dog, *they both* decided to see Dr. Wright.

Vincent thought he was "losing it," but it turned out he was actually missing sufficient *stomach acid* to break down his food. And without it, his *brain cells* weren't getting the nutrients they depend on.

Could your stomach be robbing your memory?

If you're over 50, it's likely. Just as we perspire less over the years, our stomachs produce less acid. And Dr. Wright has shown that this "minor" problem is an incredibly common cause of memory loss, hearing loss and many other diseases of aging too. But now it's easily reversed with a solution that costs just pennies a day. Just ask Vincent. He's sharp as a tack now!

SURPRISES 7, 8 AND 9.

Eliminate life's most embarrassing complaints

You can also zap unsightly *new acne zits* in 24-48 hours, cure stubborn cases of *toenail fungus*, wipe out the cause of *flatulence*...and more, all with that one little SSKI bottle. So isn't it time you sent for your own FREE BONUS Library of *Food and Vitamin Cures*? This is where you'll also discover how to...

(continued on page 18)



Why wait in the pain STEP INTO YOUR FABULOUS

As you've seen, thanks to Dr. Jonathan V. Wright, medicine's future is *already here* and working true miracles. Tens of thousands of readers of Dr. Wright's *Nutrition & Healing* have already felt the miraculous effects of his new kind of medicine...

**But you may have to wait
for decades UNLESS YOU
ACT NOW**

Awesome as they are, Dr. Wright's discoveries will *not* be mainstreamed if the drug establishment has its way. Bear in mind these vested interests could lose *hundreds of billions of dollars* if his amazingly cheap and simple solutions replaced costly drugs. And unthinkable as it sounds...

Drug interests have *officially* declared **WAR ON VITAMINS**

Imagine a world where safe nutritional supplements are *locked away like narcotics*. Where it's even illegal to buy *vitamin pills* without begging for a doctor's prescription. This isn't paranoia...

***It's already happening
all across Europe***

On March 13, 2002, the European Parliament passed a "Directive on Dietary Supplements." Under this directive, which becomes law in 2005, all vitamins and minerals are classified as *drugs*. Except for multivitamins of trivial potency, *all other supplements will be banned from over-the-counter sale*.

This isn't just an inconvenience, it's

premeditated murder! For example...

**You've read how
Dr. Wright's *selenium* discovery
could save millions of men
from prostate cancer...**

Yet under the new directive, this essential mineral will be *swept off the shelves* and locked away as a dangerous prescription drug. The European Parliament doesn't think *you* can be trusted with it. And Europe's just the testing ground. The intent is for this model to be adopted *everywhere*...

Don't think it can't happen here!

Drug interests have already worked relentlessly to pull cholesterol-lowering *yeast* supplements from the market. They've succeeded in banning the

Let Natural Medicine's Most Honored Leader *lead you out of pain & disease, with...*

I've only had space here to scratch the surface of what you'll find in your FREE BONUS Library. You'll get full details—and Dr. Wright's comprehensive instructions—covering everything you've read on the pages above and so much more, including:

- **THE MUSTARD MIRACLE.** You knew vegetables could prevent cancer, but *cure it*? An all natural cancer-fighter found in *mustard* has been shown to actually wipe out nearly *half* of early cervical cancers, and may prove key to combating breast, uterine and ovarian cancers. So harmless you could (and probably should) take it every day just to be on the safe side!

- **SUGAR SHOCKER SHAKES MEDICAL WORLD.** Just as common sugars *attract* dangerous germs, an exotic array of "good" sugars actually *disable* them. They can slash sinus and ear infections by 95%, eliminate urinary infections and even stop

tooth decay! Find out how to "wash out" bugs that resist the most powerful antibiotics.

- **ONE VITAMIN, NO ASTHMA.** Scientists have known for decades that nearly 70% of asthmatics share one glaring nutritional problem. By no coincidence, Dr. Wright has found that he can relieve wheezing in 70% of asthmatics through the use of ONE vitamin. Let him show you how.
- **THE PSORIASIS SENSATION.** Woodrow D. tried steroid creams, "tar" preparations, prednisone, you name it. Nothing worked for long until he tried Dr. Wright's simple solution. Now he's got normal skin (and a new girlfriend). If you're suffering, you've got to try it too.

**All these life-giving discoveries
and *hundreds more*, FREE**

wracked past? S FUTURE...FREE!

essential amino acid L-Tryptophan. And these are just two examples of why you won't get Dr. Wright's breakthroughs unless you demand them...

So do it today! Claim your FREE BONUS Library of Food & Vitamin Cures right now...

And free the incredibly healthy human being that's locked up inside of you!

To claim your FREE *Library of Food & Vitamin Cures*, just tear off the GIFT CERTIFICATE on page 23 and mail it in the enclosed postage-free envelope. You'll get all 6 lifesaving, life-giving volumes, plus...

AN UNBEATABLE, MONEY-SAVING DEAL on today's most honored alternative health newsletter

When Dr. Wright's colleagues honored him with *The Linus Pauling Award*, they gave special praise to his cutting-edge health advisory, *Nutrition & Healing*.

This is the only alternative health newsletter I know of that counts so many doctors among its subscribers. *Because it's the real stuff.* The first place where you'll learn what new breakthroughs are coming down the road from natural medicine's living legend.

Everything's reported in crystal-clear language, telling you exactly how to go out and do it. But *Nutrition & Healing* gives you all the science too. So if your doctor ever questions any remedy you read about here, just pull out your newsletter and produce the proof. Any truly objective doctor can't help being impressed with the quality of Dr. Wright's research. (Warning: your doctor may ask to keep the issue!)

No other newsletter of its kind is more respected by natural physicians and actually used by them to heal their own patients. And no other newsletter will do more to heal you...

Because this isn't just "health news" each issue is like a complete instruction book for healing yourself. Complete with dosages. Sources for the hard-to-find nutrients Dr. Wright recommends. And all the pros and cons that you (and your doctor!) need to make an informed decision.

Just return the enclosed FREE BONUS GIFT CERTIFICATE in the postage-free envelope provided. Do it now!

It saves you up to \$133 on your risk-free subscription to Dr. Wright's *Nutrition & Healing*. And brings you Dr. Wright's complete library for reversing nearly a hundred "incurable" conditions, including his most acclaimed formulas and programs, FREE.

There's no obligation to continue your subscription unless you're thrilled with your first issue. If you're not, just say the word, and we'll send you a full pro-rated refund. And you can keep your FREE BONUS GIFTS.

Just promise me you'll start using your FREE BONUS GIFTS as soon as you get them...

And as soon as you do, I promise, you'll feel a little stronger every morning, feel a little less pain every evening, until one fine day, you wake up and realize...

"I don't need to risk my life to FEEL FABULOUS!"

I guarantee your day will arrive very soon. Or just tell us and we'll send you



a prompt refund on all unmailed issues. You'll KEEP YOUR FREE BONUS GIFTS no matter what.

Fair enough? So do let me hear from you now.

Let Dr. Wright push the envelope of what's possible for you...

And step into his amazing new world where health miracles are commonplace...

Make it happen today! Tear off and mail your GIFT CERTIFICATE right now.

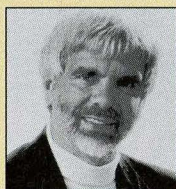
Here's to the dawn of a bright new day in your health,

J.C. Thompson

J.C. Thompson, Publisher

P.S. FAST-REPLY GIFT! Reply within 11 days, and I'll rush you Dr. Wright's brand-new report, **THE MIRACLE MINERAL**. Find out how he's ending everything from *acne* to *arteriosclerosis*... clearing up everything from *hemorrhoids* to *ovarian cysts*...even banishing *drug-resistant disease germs*...all with one little "magic bottle." Don't wait another day to claim this lifesaving FREE BONUS!

“These new natural remedies are your *birthright* as a human being...”



So please accept my complete new
Library of Food & Vitamin Cures FREE!

REPLY NOW FOR ALL 7 VOLUMES FREE
with your subscription to Nutrition & Healing

WIPE OUT

Arthritis pain & swelling
Heart disease
Hypertension
Deadly cancers
Asthma wheezing

RESTORE

Lost memory
Vanishing vision
Impaired hearing
Depressed spirits

BEAT

Emphysema
Chronic Fatigue
Lupus, MS and
other “incurables”

FREE BONUS!

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New Secrets

for
**Reading
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Like A Book**

be as simple as one or two vitamins and minerals! Learn this secret language...

- **EVEN IF YOU'RE IN THE LATE STAGES** of an “incurable” condition, it's not too late to turn your health around. 100 lupus patients were cured by just one of these new natural breakthroughs, and there's fantastic news too about chronic fatigue, memory loss and much more...

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for
**Healing
Your
“Incurable”
Hurts**

helped patients move their limbs for the first time in years, stand, walk, even drive cars. Find out how to get it...

- **DOZENS MORE NUTRITIONAL MIRACLES** including enzymes that heal cuts and bruises faster...vitamin “cocktail” that erased chronic pain in 30 seconds...the painless nutritional program that's making 99% of gallbladder surgery unnecessary...and a whole lot more.

VOLUME 2

(Continued from between pages 4-5)

came in with a long-time problem unsuccessfully treated with years' worth of prescription drugs, I searched this volume and found a Vitamin B6 therapy that I thought might help. After recommending it to the patient, her symptoms cleared in 2 weeks, and *never returned*.

From these two stunning cases, I decided the book's author was definitely "onto something!" Fortunately, she'd included abundant citations to medical journals, so I went to the University library and started looking them up...

And discovered hundreds of research papers concerning diet, vitamins, minerals, and herbs that we'd *never been told about in medical school*.

When I started applying the therapies and cures those ignored (or forgotten) research papers pointed me toward, I started down a path that showed me a *whole new world of medicine*—one that's safer and more effective because it uses the molecules our bodies are made of, rather than "alien molecules" like patent medicines...

And guess what happened? After just a few years in practice—by employing time-proven preventive medicine therapies and nutritional healing techniques (some of which I'd developed myself)—the number of prescriptions for patented drugs I was writing plummeted *by 95%*! Since then, I've never looked back. In the last 30 years,

(Keep reading...)

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- **THE MOST COMMON TYPE OF AGE-RELATED VISION LOSS** is totally unnecessary in 70% of all cases. It's much the same story with hearing loss. New studies link the latter to a lack of just two common vitamins. And now both can be prevented, halted and even *reversed* with incredible ease. Here's how...

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Wright's cardiac patients back from the brink of death to a healthy, full life. Low levels in your blood are now linked to hardened arteries, high cholesterol, high triglycerides, high blood pressure and even obesity! How to check your levels and where to get it...

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- **CARDIOMYOPATHY** normally kills 3/4 of its victims within two years of their first attack. But now you can lift the death sentence. 60% of those who supplemented with just one nutrient were alive and kicking even five years later. Given that we all need it, isn't this a no-brainer?
- **SLASHES EDEMA**, lung congestion, shortness of breath and palpitations. In a new study, 80% of heart patients who tried it got better! So how come no one's told you about the nutrient OPC? Here's your #1 source...
- **WHICH DIET'S HEALTHIER...LOW-FAT OR LOW-CARB?** No matter what anyone else tells you, there's no "one-size-fits-all" answer for *your* heart and arteries. It depends on your body chemistry. Here's how to *know* what's best for you personally...

Dr. Wright's
New Secrets

for Success with Arthritis

VOLUME 4

the formula and put away the Prednisone® and aspirin for good.

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- **THE \$10 CURE** for pain and swelling of osteoarthritis. Dr. Wright's been using it for more than 25 years. Offers astonishing relief to the large majority of his patients. Give it just three weeks and start feeling the pain melt away. A vitamin that costs all of \$10 a bottle...
- **IF WEAR AND TEAR** cause arthritis, how come so many long-distance runners never get it, but their sedentary friends do? Look no further than the food you eat. One type of food in particular can switch it on and off with uncanny precision. Avoid a few vegetables and your "worn out" joints could soon feel like new again. Here's the list...

New
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VOLUME 5

reduce your risk of heart disease, make your joints hurt less, make your memory sharper...and yes, even protect you from prostate disease. Learn the truth about *natural* testosterone...

- **"BUT ISN'T TESTOSTERONE DANGEROUS?"** No, *the stuff in all the scare stories isn't*

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Depressed spirits

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- **LOOK IN THE MIRROR TONIGHT** and you'll see secret clues all over your body. They're your keys to wiping out ailments that puzzled you for years! Varicose veins...broken fingernails..."skin tags" on your neck or under your arms...forehead wrinkles...bursitis...they're often just the "tip of the iceberg" for hidden problems that cause heart disease, crippling arthritis, senility, premature aging and more. Your remedy could

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New Secre

for

**Healing
Your
"Incurabl
Hurts**

I've been able to prove that there *really are* natural treatments (even outright cures) for just about every disease under the sun—including many that conventional medicine has branded as "incurable."

The vast majority of the more than 35,000 patients I've treated during this time period have shown the *greatest healing* progress using side-effect-free natural remedies. And today, more and more people are turning to natural medicine first. Like so many of my patients, a lot of them discover that they need *never look beyond* it to be as healthy, vigorous, painless, disease-free, and long-lived as they can be.

How can you discover all these simple natural lifesavers for yourself and your family? By reading my monthly *Nutrition & Healing* newsletter. In it, you'll find and put to lifesaving use all the safe, simple solutions for natural health I know. There's also my free web site (www.wrightnewsletter.com) and the *Health e-Tips* e-letter that give you even more of the techniques and breaking health news that just can't wait for the next issue. To get all of these resources for your good health and longevity, all you need to do is keep reading...

Do it and you'll discover, as I did many years ago, an exciting world of *real, proven alternatives* to the pill-and-scalpel mainstream's patent-only "marketplace" of medicine.

Sincerely yours,

Jonathan V. Wright, M.D.

- **OVER 60% OF THE MISERIES** that you thought were incurable have now been linked to a single, secret culprit. Dr. Wright has long said we could cut our health problems in half simply by detecting our secret food sensitivities. Now a major corporate study proves he's right on the money! Learn the technique and watch hay fever, bronchitis, back pain, colitis, ulcers and even hyperactivity *disappear*...

- **THE MOST COMMON TYPE OF AGE-RELATED VISION LOSS** is totally unnecessary in 70% of all cases. It's much the same story with hearing loss. New studies link the latter to a lack of just two common vitamins. And now both can be prevented, halted and even *reversed* with incredible ease. Here's how...

FREE BONUS!

Dr. Wright's
New Secrets

for Repairing Your Heart & Arteries

- **DROP YOUR CHOLESTEROL 134 POINTS** without drugs or deprivation. Find out how David did it. (Dr. Wright added food to his diet!) Far healthier than statin drugs and increases your energy too...
- **WHEN THEY AUTOPSIED KOREAN WAR VETS** killed in action, they found arteries clogged and stiffened like pipe stems. But these guys were only in their teens and 20s! The cause wasn't their food, but a contaminant in their water. You're probably drinking lower concentrations of it too. Here's how to rid your water of it *without* buying expensive filters...
- **IF YOUR BLOOD PRESSURE'S HIGH**, you can take drugs. But why trade stroke-risk for weakness or even impotence? Dr. Wright's patients often drop it to normal from as high as 170 and throw out their drugs. It's not hard—one common nutrient alone can reduce systolic pressure by 18 points. Do a little more and it can drop 20,30, even 40 points...
- **ANGINA PAIN PLUNGES IN 77% OF PATIENTS.** Time after time, this amazing natural substance has brought Dr.

Wright's cardiac patients back from the brink of death to a healthy, full life. Low levels in your blood are now linked to hardened arteries, high cholesterol, high triglycerides, high blood pressure and even obesity! How to check your levels and where to get it...

- **CARDIOMYOPATHY** normally kills 3/4 of its victims within two years of their first attack. But now you can lift the death sentence. 60% of those who supplemented with just one nutrient were alive and kicking even five years later. Given that we all need it, isn't this a no-brainer?
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VOLUME 3

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Dr. Wright's
New Secrets

for Success with Arthritis

- **THE 100% SOLUTION.** Folks with inflammatory arthritis must be the most "patient patients" in the world—so many new drugs, so few results! But Dr. Wright has discovered an easy, painless, side-effect-free nutrition program that does what no drug can claim. It's produced results for nearly all of the *hundreds* of patients who've tried it. For some, it reduces the swelling and pain. For others, all of it goes away. Shouldn't you at least know about it?
- **WHICH JOINT PAIN SUPPLEMENTS REALLY WORK?** Dr. Wright's research shows that the best are among the cheapest. None are patented, proprietary or even trendy, but put them together and the effect can be miraculous. Learn

the formula and put away the Prednisone® and aspirin for good.

- **THE \$10 CURE** for pain and swelling of osteoarthritis. Dr. Wright's been using it for more than 25 years. Offers astonishing relief to the large majority of his patients. Give it just three weeks and start feeling the pain melt away. A vitamin that costs all of \$10 a bottle...
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VOLUME 4

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New
Secrets

of Potency, Vitality & Prostate Health

- **THE #1 FORBIDDEN TOPIC** that every man *must* know about. What is it that turns strong, healthy men into doddering, mentally dull old codgers? It's not Father Time, but a simple decline in *testosterone*! Just raising the levels can turn a man's sex life around. Reverse years of declining strength. *Plus*

reduce your risk of heart disease, make your joints hurt less, make your memory sharper...and yes, even protect you from prostate disease. Learn the truth about *natural* testosterone...

- **"BUT ISN'T TESTOSTERONE DANGEROUS?"** No, *the stuff in all the scare stories isn't*

VOLUME 5

testosterone at all. Toxic “anabolic steroids” are actually synthetic imitations, created by drug companies because you can’t patent natural testosterone. That’s the same reason you’ll see so many ads for Viagra® and none for natural testosterone therapy. Yet the latter can be far safer...

- **WHAT DRUG COMPANIES DON’T WANT MEN TO KNOW** is that, thanks to a biochemical breakthrough, we now can make identical-to-nature testosterone from *plants*. It’s very safe if administered properly. Unlike Viagra®, it restores your libido. And unlike hi-tech, patented products like Androderm®, true-to-nature testosterone isn’t terribly expensive...
- **“SO WHERE DO I GET IT?”** Real, natural testosterone is not on the shelves of many pharmacies. You must know who to ask

and what to ask for. Let Dr Wright give you complete details about where to find it and how to get a prescription, including phone and fax numbers. This may be the only place you’ll ever find this information...

- **BEST ALTERNATIVE TO PROSCAR.** Before you even try saw palmetto, Dr. Wright recommends two inexpensive nutrients. Most men with BPH (benign prostate enlargement) need nothing more to completely relieve the complaint—and isn’t it much healthier to treat your hidden deficiency?
- **INCREASE YOUR OWN FREE TESTOSTERONE** amazingly with a delicious food. Could also spare 50% of men with prostate trouble from surgery. Blocks the action of chemicals in your blood that immobilize your testosterone.

FREE BONUS!

New
Secrets

VOLUME 6

- **THE “HORMONE REPLACEMENT THERAPY”** prescribed by most doctors does not replace your natural hormone balance. In fact, it fills you with horse hormones! But you’ve got a natural alternative that’s more effective and safer too. Maybe you’ve heard of natural hormone therapy, *but did you know Dr. Wright introduced it?* Thousands of his patients have been using it safely for nearly 20 years. Let him tell you the little-known facts that every woman needs to know about the real thing...
- **INSTEAD OF JUST HALTING BONE LOSS**, wouldn’t it be great to *increase* your bone density? Now it’s possible, even if you’re well past age 60. And this is just one benefit of Dr. Wright’s natural hormone therapy. Find out how to get it in your area...
- **MENSTRUAL CRAMPS** are *not* the result of a Motrin® or Advil® deficiency. But they are often stopped altogether by several common vitamins and minerals. Wouldn’t it be great to be rid of

Every
Woman
Needs
to Know

the pain completely? Here’s the formula...

- **IF YOU THINK FIBROIDS ARE PAINFUL**, wait until you try surgery! But Dr. Wright has a natural solution that can save you from the scalpel. In an open study, this herbal formula improved fibroids or totally normalized things—for well over half of all premenopausal women. How to get it...
- **THE LONGEVITY HORMONE.** Your adrenal glands produce about 70 different hormones. This one’s the most abundant, but your doctor probably hasn’t even mentioned it! After age 30, a woman’s production can plummet. Low levels are found in women with rheumatoid arthritis, lupus, type 1 diabetes, and a whole range of cancers. Every woman over age 60 should be sure she’s making enough of it. How to get tested and get the therapy...

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- **MAKE PAINFUL HEMORRHOIDS** vanish *overnight*. Cause painful ovarian cysts and breast cysts to *disappear* without surgery. Even end embarrassing *acne* in 24-

48 hours and...

- **YES, EVEN REVERSE ARTERIOSCLEROSIS.** Photographs have documented how supplements containing this mineral visibly reduce arteriosclerotic clogging of arteries. It literally *dissolves* waxy cholesterol deposits. And these are just a *few* of the many miracles you can perform with it. Learn them all!

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"From my father's
Alzheimer's...to my
mother's arthritis...my
husband's sinus infections
...my own migraines...

THANK YOU, DR. WRIGHT!"

Dear Dr. Wright,

I just wanted to write and thank you for the wonderful year I have just had. I have not had one migraine since I left your office. This might come as a shock, but I'm not writing this letter about my migraine. When I was in your office, I read a few issues of your newsletter "Nutrition and Healing." I ended up subscribing—and applying that information to some problems at home.

You see, my father has Alzheimer's disease. A year ago, he did not know any of us and had terrible hallucinations. I did a little research in your newsletter and found all the information I needed. I ordered the products that you recommended and I immediately started seeing improvement.

Even my physician is surprised with the progress—maybe he'll even apply some of this knowledge to his practice. My father now knows who his family is and can even play cards again, one of his passions.

Every condition that comes up in our household, from my mother's arthritis, which by the way is not bothering her anymore, to my husband's sinus and ear infections. According to his ear specialist, my husband has been able to avoid ear surgery.

All of this has been possible through your newsletter, 'Nutrition and Healing.'

We can never repay you for the happiness that has been possible from your newsletter, but the least we could do is thank you. Please keep up the good work!"

In Good Health,
Velda K., Phoenix, AZ

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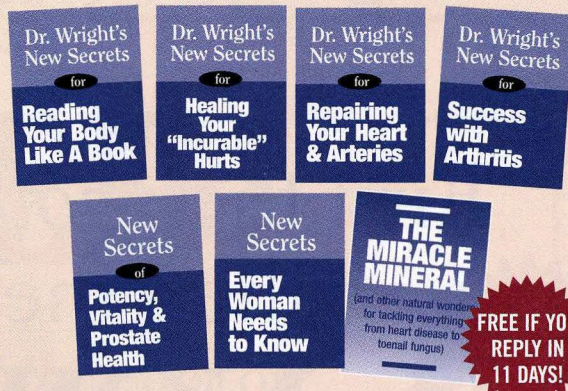
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IN THIS
SPECIAL REPORT:

Details inside
plus

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First they *hound* you to take HRT, then they *yank* it away... **NOW WHAT?**

NEW!
From the doctor
who won natural
medicine's coveted

LINUS
PAULING
AWARD

IT'S TIME TO END THE COVERUP!

Deadly HRT dangers were known *for decades*, as drug firms
hushed up a far superior therapy *for nearly 20 years...*

(BALTIMORE, MD)

Behind closed doors, experts concede that **Jonathan V. Wright, MD** predicted the HRT debacle 20 years ago. Millions of women might have lived longer, happier lives if drug firms hadn't *drowned out* his far more effective and safe solution. Yet this is just one of many breakthroughs from this legendary doctor that are making drug giants *very nervous* this spring....(continued on page 2 inside)

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